Gender based violence

In the unfortunate event that you or a loved one encounter GBV, kindly take the following steps:

1. Seek refuge for yourself and any children involved, at a safe place as soon as possible, to avoid further harm. e.g. Police Station, neighbor’s house, justice center near you.

2. Preserve the evidence of the attack. e.g. for rape/defilement, soiled clothes.

3. For GBV take pictures of injuries, record videos with any witnesses, keep tattered clothing, damaged property e.g. broken phone, furniture.

4. As soon possible, head to the nearest police station and request for assistance at the Gender desk. Keep the OB No. safely and record your statement clearly.

5. Seek medical attention from any facility nearby.

6. Alert a trusted family member, friend or relative of the event for support.

7. Reach out to the organizations listed below for legal, medical or Psychosocial support.
+254 (0) 709 087 000
lsk@lsk.or.ke
Opposite Valley Arcade
Gitanga Road.

+254 (0) 724 456 659 +254 (0) 722 509 760
+254 (0) 724 256 658

Mombasa. +254 (0) 724 456 669
Lavington. Nairobi +254 (0) 722 509 760
Kisumu +254 (0) 724 256 658
ajmombasa@fidakenya.org
info@fidakenya.org

0203 969 000 +254 (0) 733 7800 00 +254 (0) 736 780 000
+254 (0) 724 256 448/0726 610 159
WhatsApp: +254 (0) 798 849 871 complaint@knchr.org

North Eastern Office- Wajir
Airstrip Road/Public Works
P.O Box 363-70200 Wajir
Landline: (046)-421-512
Fax: (046)-421-085
Email: northernkenya@knchr.org
Twitter: @KNCHRWajir

Central Regional Office
Address: GF Plaza,
1st Floor Kenyatta Avenue, Nyahururu
P.O Box 1100-20300, Nyahururu
Tel: +254(0) 705 982 617
Email: laikipia@knchr.org
Twitter: @KNCHRLaikipia

Head Office
CVS Plaza 1st Floor, Kasuku Lane,
Off Lenana Road,
P.O Box: 74359-00200 Nairobi, Kenya
Landline: +254(0) 202-3969000

Western Office- Kisumu
Reinsurance Plaza, 3rd Floor
Oginga Odinga Street,
P.O Box 1967-40100
Landline: (057)-2020078
Email: kisumu@knchr.org
Twitter: @KNCHRkisumu

Coast Office- Mombasa
Along Panal Freighters Lane
off Haile Selassie road
P.O Box 90171-81000 Mombasa
Landline: (041)-2220468 / 2220584
Email: coast@knchr.org
Twitter: @KNCHRmombasa

North Rift Office - Kitale
AFC Building, Opposite Mega Plaza
P.O Box 2999-30200 Kitale
Landline: +2543969057
Email: northrift@knchr.org
Twitter: @KNCHRKitale

+254 2(0)-272-7778 /+254 (0) 3213199

Kisumu Office Reinsurance Plaza,
3rd Floor, Wing B Oginga Odinga Street

Nakuru Office Tamoh Plaza, 1st Floor,
Kijabe Street
P.O BOX 15263-401, Nakuru

Garissa Office Opposite Care International Offices, Garissa Town
www.ngeckeny.org Twitter: @NGECKENYA www.facebook.com/NGECKenya