FREE GUIDE TO MAKING, WEARING AND CARING FOR YOUR KE-2 MASK
UMEWAI MASK YAKO? (DO YOU HAVE YOUR MASK?)

Many people with Covid-19 may not even know that they are infected. Our case for the mask is simple; Covid-19 travels through droplets from an infected person. Wearing a 100% cotton or 65% cotton, 35% polyester face mask traps these droplets.

As a responsible Kenyan citizen we urge you to protect yourself and others by following the recently issued Government directive that made wearing a face mask mandatory in public places. When you wear your KE-2 mask properly, wash your hands and practice social distancing, you will reduce your chances of contracting this deadly virus.

We at the Kenya Fashion Council may not have all the answers but as a body mandated to create strategy support for the Kenyan fashion value chain, are committed to doing all that is within our power to make the difference needed to stop the spread of Covid-19.

Here's your FREE guide to making, wearing and caring for your KE-2 mask.
How to make rectangular KE-2 cloth face mask

Preparation
1) Pre wash the fabrics.
2) Clean and sanitise your work station
3) Wash and sanitise your hands
4) Wear your mask as you cut and stitch the mask

Materials
1) 100% cotton or 65% cotton/35% polyester
2) Thread
3) Elastic 4mm or 8mm wide, 2 pieces 7 inches each

Sew a ¼ Inch seam on the top and bottom edges.
Pin 3 tucks on either side as shown in the picture.
Fold the pleated fabric, right sides facing in. Stitch on the sides ensuring you hold the elastic. Sides should 3.5 inches.
Turn the fabric inside out and the mask is ready.

INSTRUCTIONS FOR ADULT KE-2 FACE MASK

Preparation
1) Pre wash the fabrics.
2) Clean and sanitise your work station
3) Wash and sanitise your hands
4) Wear your mask as you cut and stitch the mask
How to make close fitting KE-2 cloth face mask

Print pattern (Attached) You can make three sizes: Large, Medium, Small (Child)

Preparation

1) Pre wash the fabrics.
2) Clean and sanitise your work station
3) Wash and sanitise your hands
4) Wear your mask as you cut and stitch the mask

Fabric Size - Cut 9” x 6” (Adult) or 7.5” x 5” (Child)
Trace pattern on cotton piece, Cut 4 pieces:
2 main fabric, 2 lining fabric Elastic 6 inches of ¼ inch

Put right sides of cotton fabric together and stitch ¼ inch on the curved side of both the main and lining fabrics.
Top stitch the sides as shown. Pleat each side as shown and stitch in the elastic pieces on either side

Now put the right sides facing inside, stitch round all the sides leaving a small gap to turn it inside out.
**Pattern for close fitting KE-2**

**Preparation**

1) Pre wash the fabrics.
2) Clean and sanitise your work station
3) Wash and sanitise your hands
4) Wear your mask as you cut and stitch the mask

**Cut with right sides together, add 1/2inches seam allowance all round:**

- 2 from main fabric and 2 from lining fabric
- Or cut 4 from the same fabric
- 1.2m of ribbon cut into 4 equal parts or 2 pieces elastic 6 inches each
- Remember to add 1/2 inch seam allowance all round when cutting
1) Ensure that you sanitise or wash and dry your hands before putting on your mask. The exterior of the mask should face away from you.

2) Use the elastic or straps to handle the mask, avoid touching the inside or outside of the mask.

3) Ensure that the mask fits snugly, covers your nose and mouth to chin. Do not remove the mask when talking.

4) Do not touch your face even when wearing the mask. If you touch your mask, please wash or sanitise your hands immediately.

5) When removing the mask, handle it using the straps or elastic. Remember that the mask could be contaminated from your breathing, sneezing or coughing so do not touch the inside of your mask. If you do, wash or sanitise hands.

6) Handle the used mask carefully, wash it with soap and water immediately after use. You can add disinfectant to the final rinse.

7) Hang your mask in the hot sun for 4-5 hours until completely dry, or iron it with a hot iron, paying attention not to iron elastic straps.